

School feeding in low-income settings:

A snapshot of the evidence on education

Aulo Gelli, Research Fellow, IFPRI.

Feed and Read: Improving Access to School Meals and Quality Education Around the World"
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Simple idea...but...

- School feeding programmes can be very complex
 - No one size fits all, very context specific
 - Impacts and costs also heterogeneous
- Can be seen as a strategy with multiple goals in different but interrelated domains
 - Social protection, education, nutrition & health ...even agriculture...
- Opportunity to assist governments in improving scale-up of national programmes
 - What works where?
 - How much does it cost?
- Next slides focus on education domain...



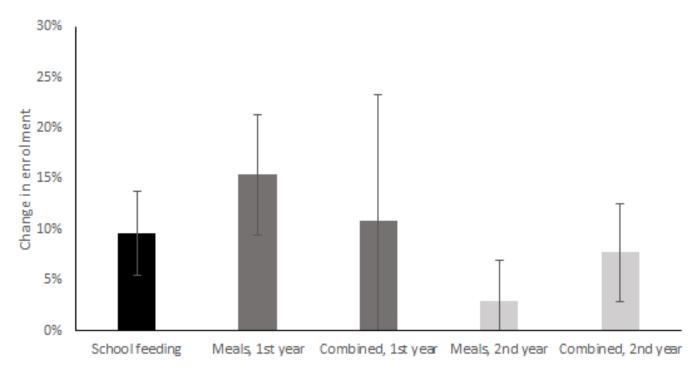
Getting children into school?

- Effects on school participation
 - Enrolment, new evidence from 2 RCTs
 - Uganda, 9% increase in the share of children aged 6–13 who started school (Alderman, Gilligan, & Lehrer 2010).
 - Burkina Faso, enrollment increased by about 3 to 5 points (Kazianga, de Walque and Alderman 2012).
 - Attendance, from systematic review
 - 4-7 extra days of schooling per year (~4%) (Kristjansson et al, forthcoming)



More on effects on enrolment

- Observational study, meta-analysis across 32 countries in Sub-Saharan Africa
 - Effect size of about 10% (Gelli, 2015)





Learning in school?

- Effects on achievement depend on age and skills most affected
 - Effects can result from spending more time in school, enhanced learning in school, or both
 - Impact on learning also depends on classroom organization, and on timing and quality of meals
 - Systematic review found effects on math scores (0.31 SD on WRAT)
 - Systematic review found effects on cognition (0.17 SD on WISC)
 - Health-nutrition pathway...

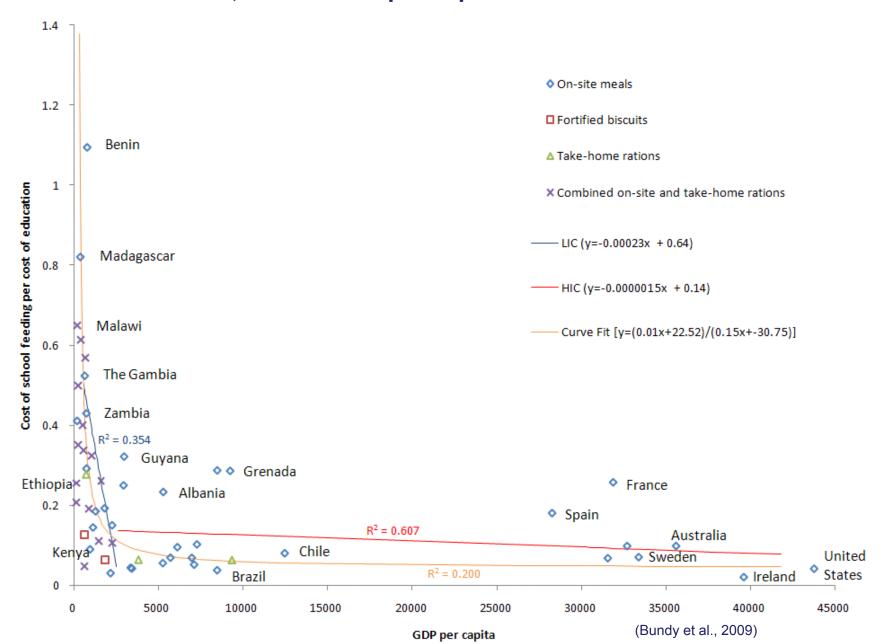
Large variations in costs

Modality	School feeding project cost/child	Standard- ized school feeding cost/child	Standard- ized cost/child — range	Standard- ized cost/ 100 kcal	Standard- ized cost/g protein	Standard- ized cost/ mg iron	Stand- ardized cost/100 µg vitamin A	Standard- ized cost/ 100 µg iodine
On-site meals $(n = 43)$	27	44	17–122	6.2	2.4	7.2	23	1,742
Biscuits $(n = 6)$	11	23	15-25	7.5	2.9	2.9	9.4	34
THRs $(n = 6)$	43	75	29-213					
On-site meals and THRs (n = 22)	36	61	23-140					
Total $(n = 77)$	29	48	15-213					

THRs, take-home rations (Gelli et al, 2011)



Ratio of per child cost of school feeding in relation to per child cost of basic education, versus GDP per capita.

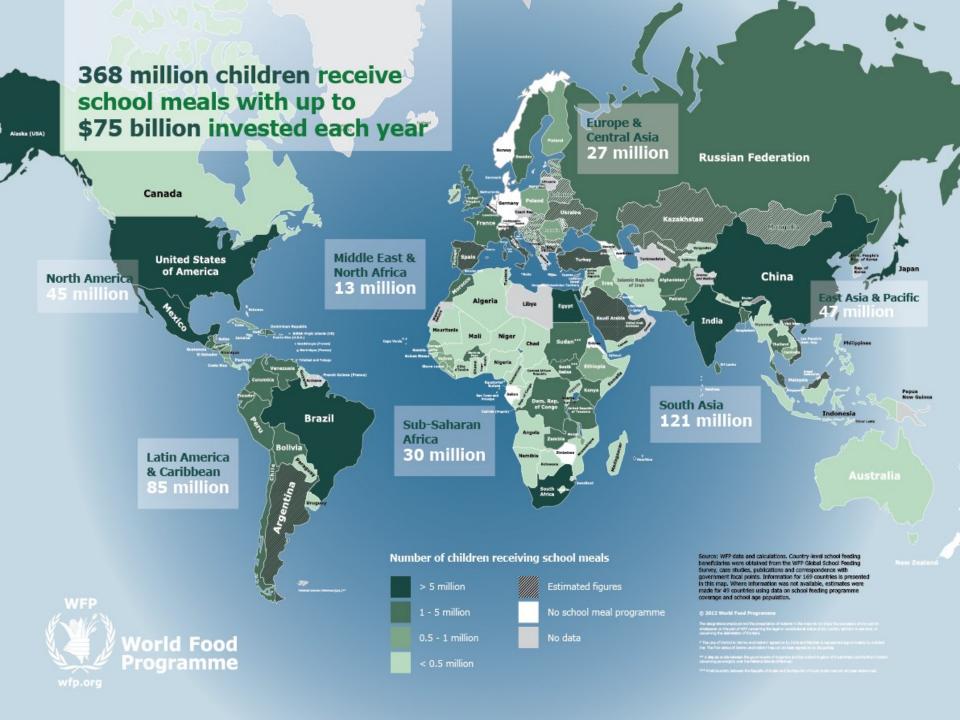


Thank you!



Photo: WFP





Some trade-offs: Back of the envelope figures relative to cooked meals

Dimension \ Modality	Biscuits	Cooked meals	Take-home rations	
Outcomes (education)	~1	1	1+	
Food quantity per child per year	0.3	1 (25 kg)	3	
Cost per child per year	0.5 (\$25)	1 (\$50)	1.5 (\$75)	
(School level cost per child per year)	~0.4 (\$2.4)	1 (\$6)	~0.4 (\$2.4)	
Cost/protein or energy output	~1	1	NA	
Cost/micronutrient	0.2	4	NIA	

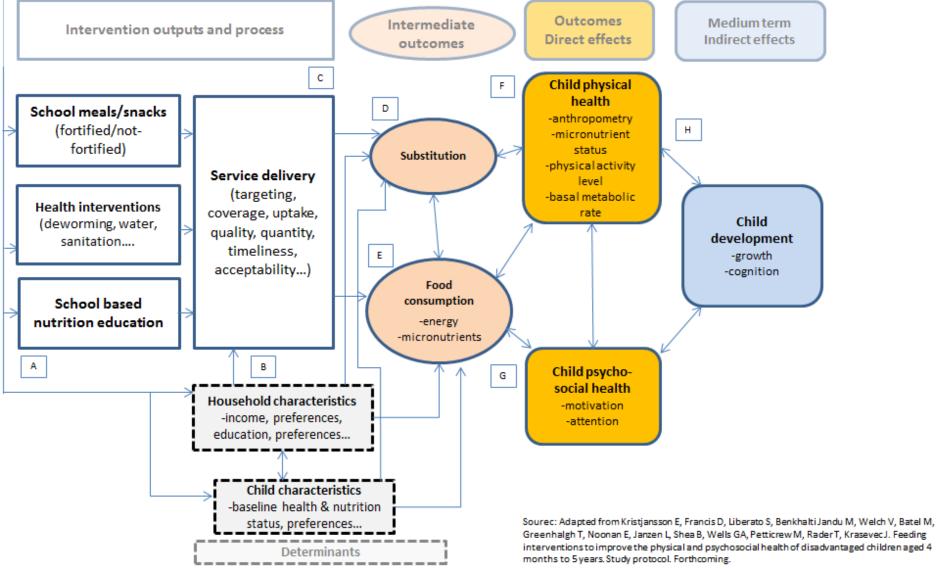
NA

0.3

output

Context (SF standards)

- -policy
- -financing
- -institutional capacity & coordination
- -community involvement



Nutrition pathways

Some reflections...

- Multisectoral intervention
 - Working across traditional disciplines...
- Data collection timings and seasonality
 - e.g. agriculture, schooling, health...
- Evaluation around scale-up of national programme
 - Buy-in from policymakers...
- Changing political context
 - Coup d'état + invasion in Mali, elections in Ghana...





Cost	Cost per extra day of attendance	Cost per additional centimeter of height	Cost per additional kilogram of weight	
Range of costs for RCTs	4.7-15.8	112.0-252.0	112.0-252.0	
Average cost per average for RCTs	8.0	160	160	
Range of costs for CBAs	1.7–3.8	10.4–23.3 (5–6 yr of age) 21.7–48.8 (6–8 yr of age) 19.0–42.9 (overall)	38.4–86.3	
Average cost per average for CBAs	2.4	14.8 (5– 6 yr of age) 31.0 (6–8 yr of age) 27.2 (average)	54.8	
	O 42 2 14 D 2			
Cost	Cost per point on Raven's Progressive Matrices	Cost per IQ point	Cost per point on math achievement or aptitude	
Cost Range of costs for RCTs	1 1	Cost per IQ point Not in the analysis		
	Progressive Matrices		achievement or aptitude 31.5–70.8 (WRAT) 155.6–350.0 (Math	
Range of costs for RCTs	Progressive Matrices 82.4–185.3	Not in the analysis	achievement or aptitude 31.5–70.8 (WRAT) 155.6–350.0 (Math subtest of WISC) 44.9 (WRAT) 222.2 (Math subtest	

CBA, controlled before-and-after study; RCT, randomized, controlled trial; WISC, Weschler Intelligence Scale for Children; WRAT, Wide Range Achievement Test

and Health

	Full costs (USD)	Energy (kcals)	lron (mg)	Protein (g)	std. cost per 100 kcals delivered	std. cost per (g) protein delivered	std. cost per (mg) iron delivered	std. cost per 100 (mcg) vitamin A delivered
School meals (n=44)	48	735	9	20	7	3	8	25
Fortified biscuits (n=8)	23	262	7	7	8	3	3	9

- Take home rations, targeted to households, cost US\$ 75 per child per year
- Share of food costs: school meals (56%), biscuits (74%), take-home rations (68%)